



Don't Be Sad

Choreographed By: Audrey Watson (Scotland)

Music: Don't Be Sad by Dwight Yokham : Gone Album [Available from Amazon](#)

Track available from: [Virgin Digital](#) or [Napster](#)

Description: 2 Wall: Improver/Easy Intermediate.

Intro: Start Dance 8 Count Intro (122bpm)

Notes: Alternative track: There's A Girl In Texas by Trcae Adkins The Most Awesome 4 Album
116 Bpm32 Count Intro

Section One	1/2 TURN BOX STEP, CROSS BACK, CHASSE RIGHT	Facing Wall
1-2	Step fwd on right, step fwd on left. (Shoulder width apart)	12
3-4	Turn 1/4 right stepping right to r/side, step 1/4 right, stepping left to l/side.	6
5-6	Cross right over left, step back on left.	6
7&8	Step right to r/side, step left next right, step right to r/side.	6
Section Two	ROCKING CHAIR, HEEL & CROSS, CHASSE LEFT.	Facing Wall
1-2	Rock fwd on left, rock back on right.	6
3-4	Rock back on left, rock fwd on right.	6
5&6	Touch left heel fwd, step left next right, cross right over left.	6
7&8	Step left to left side, step right next, step left to left side.	6
Section Three	KICK BALL STEP, STOMP, HOLD & DOUBLE CLAP, x 2	Facing Wall
1&2	Kick right fwd, step down on right, step fwd on left.	6
3&4	Stomp fwd on right hold for a beat clapping hands twice.	6
5&6	Kick left fwd, step down on left, step fwd on right.	6
7&8	Stomp fwd on left, hold for a beat clapping hands twice	6
Section Four	FWD ROCK, 1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, KICK BALL STEP	Facing Wall
1-2	Rock fwd on right, rock back on left.	6
3&4	Shuffle 1/2 turn right stepping right, left, right.	12
5&6	Shuffle 1/2 turn right stepping left, right, left.	6
7&8	Kick right foot forward, step right next left, step fwd on left.	6

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