

Love is Free

Choreographed by Audrey Watson (Scotland) Feb 2008

Choreographed to: Love is free by Sheryl Crow – Love is free cd

Available from itunes

32 Count, 4 Wall, Easy Intermediate Dance

BPM:118 – 32 Count Intro –on main vocals

2-Restarts – At the end of section 3 on walls 3 & 7

SECTION ONE

STEP, KICK, JUMP BACK, TOUCH, 3/4 TURN BOX STEP.

1-2 Step fwd on right, kick left foot fwd.

&3-4 Jump back left then right shoulder width apart, touch left toe next to right foot.

(Optional clap)

5-6 Step left to left side, turn 1/4 left stepping right to right side.

7-8 turn 1/4 left stepping left to l/side, turn 1/4 left stepping right to r/side.

Easier option

5-6 Step left to left side, touch right next left.

7-8 Turn 1/4 right stepping fwd on right, scuff left foot fwd.

SECTION TWO

FWD ROCK, BACK CROSS HOLD, BACK SIDE CROSS, CHASSE.

1-2 Rock fwd on left, recover back on right.

&3-4 Step back on left, cross right over left, hold for a beat. (Clap hands)

5&6 Step back on left, step right to right side, cross left over right.

7&8 Step right to right side, close left next right, step right to right side.

SECTION THREE.

CROSS ROCK, CHASSE, CROSS UNWIND 1/2 TURN, BACK COASTER STEP.

1-2 Cross rock left over right, recover back on right.

3&4 Step left to left side, close right next left, step left to left side.

5-6 Cross right over left, unwind 1/2 turn left.

7&8 Step back on left, step right next left, step fwd on left.

Restart the dance here from the beginning on walls 3 & 7

SECTION FOUR

STEP SCUFF, CROSS BACK SIDE, STEP 1/2 PIVOTX2.

1-2 Step fwd on right, scuff left foot fwd.

3&4 Cross left over right, step back on right, step left to left side.

5-6 Step fwd on right, pivot 1/2 turn left.

7-8 Step fwd on right, pivot 1/2 turn left.

Start again

