

Fast Food Dance

32 count, 4 wall, intermediate level

Choreographer: Audrey Watson (Scotland) June 2003

Choreographed to: Deep Pan Mix by Fast Food

Rockers, Fast Food Song (Single)

Sequence: Chorus, Dance, Dance, 16counts of dance, Chorus, Dance, Dance,
Chorus, Dance, Dance, Chorus, Chorus.

CHORUS.

R/KICK BALL ¼ TURN LEFT X2, FWD RIGHT LEFT, BACK RIGHT LEFT. (WITH ARM ACTIONS)

- 1&2 Kick fwd on right, step down on right turning ¼ turn left, step left next right.
Arm movements (Touch both hands together with fingertips in front of face making a pyramid when they sing Pizza Hut).
- 3&4 Kick fwd on right, step down on right turning ¼ turn left, step left next right.
Arm movements (Touch both hands together with fingertips in front of face making a pyramid when they sing Pizza Hut).
- 5&6 Step fwd right, step fwd on left, shoulder width apart, (Bend both arms up, with hands clenched and facing the ceiling, flap both arms at the same time, like a bird when they sing Kentucky Fried Chicken.)
- 7&8 Step back on right, step back on left, shoulder width apart, (Touch both hands together with fingertips in front of face making a pyramid when they sing Pizza Hut).

REPEAT STEP 1-8 OF SECTION ONE

STEP TOG, STEP TOG, GRAPEVINE LEFT TOUCH.

- 1-2 Step right to r/side, step left next right. (Make a M shape in the air when they sing MCDONALDS).
- 3-4 Step right to r/side, step left next right. (Make a M shape in the air when they sing MCDONALDS).
- 5-6 Step left to left side, step right behind left, (Bend both arms up, with hands clenched and facing the ceiling, flap both arms at the same time, like a bird when they sing Kentucky Fried Chicken.)
- 7-8 Step left to left side, touch right next left. (Arm movements (Touch both hands together with fingertips in front of face making a pyramid when they sing Pizza Hut)

REPEAT STEPS 1-8 OF SECTION THREE

DANCE

CROSS ROCK, TRIPLE STEP, FWD ROCK, ½ TURN SHUFFLE LEFT.

- 1-2 Cross right over left, recover on left.
- 3&4 Triple step on the spot, right, left, right.
- 5-6 Rock fwd on left, recover on right.
- 7&8 ½ turn shuffle left, stepping, left, right, left.

CROSS, BACK, SIDE, CROSS, STEP STOMP,HOLD, TWIST, TWIST.

- 1-2 Cross right over left, step back on left.
- 3-4 Step right to r/side, cross left over right.
- 5-6 Step right to r/side, stomp left next right
- 7&8 Hold for a beat, twist both heels right, twist both heels back to centre.

FWD ROCK, ½ TURN RIGHT SHUFFLE, CROSS POINT X 2.

- 1-2 Rock fwd on right, recover on left.
- 3&4 ½ turn shuffle right, stepping, right, left, right.
- 5-6 Cross left over right, point right to r/side.
- 7-8 Cross right over left, point left to l/side.

CROSS ROCK, CHASSE ¼ TURN LEFT, FWD ROCK, TOG, HOLD & CLAPS.

- 1-2 Cross rock left over right, recover on right.
- 3&4 Step left to l/side, step right next left, step left ¼ turn left.
- 5-6 Rock fwd on right, recover on left.
- 7&8 Step right next left, hold & clap hands twice.